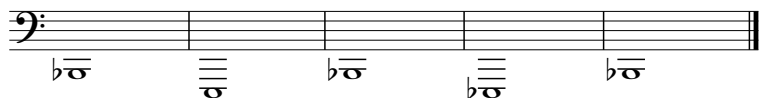


Warm-Up's and Fundamentals

Basic Warm-Up
♩ = 60 [2 bar drum intro]



Variation 1



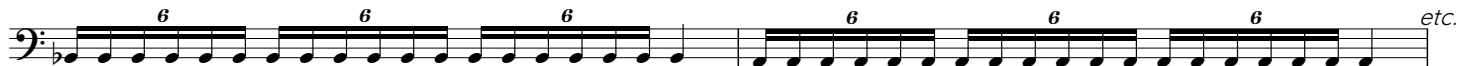
Variation 2



Variation 3



Variation 4



Variation 5



Variation 6



Variation 7



Beautiful Sounds
♩ = 60-100 [2 bar drum intro]

The image displays a musical score for bass guitar, consisting of 11 staves. Each staff is divided into two measures by a double bar line. The first measure of each staff contains a continuous eighth-note line. The second measure contains a series of notes with stems pointing up and down, also in eighth notes. The key signature changes from one flat to one sharp across the staves.

Staff 1: Key signature: one flat (B-flat). Notes: B-flat, A, G, F, E, D, C, B-flat. Second measure: B-flat, A, G, F, E, D, C, B-flat.

Staff 2: Key signature: one flat (B-flat). Notes: B-flat, A, G, F, E, D, C, B-flat. Second measure: B-flat, A, G, F, E, D, C, B-flat.

Staff 3: Key signature: one flat (B-flat). Notes: B-flat, A, G, F, E, D, C, B-flat. Second measure: B-flat, A, G, F, E, D, C, B-flat.

Staff 4: Key signature: one flat (B-flat). Notes: B-flat, A, G, F, E, D, C, B-flat. Second measure: B-flat, A, G, F, E, D, C, B-flat.

Staff 5: Key signature: one flat (B-flat). Notes: B-flat, A, G, F, E, D, C, B-flat. Second measure: B-flat, A, G, F, E, D, C, B-flat.

Staff 6: Key signature: one sharp (F-sharp). Notes: F-sharp, E, D, C, B, A, G, F-sharp. Second measure: F-sharp, E, D, C, B, A, G, F-sharp.

Staff 7: Key signature: one sharp (F-sharp). Notes: F-sharp, E, D, C, B, A, G, F-sharp. Second measure: F-sharp, E, D, C, B, A, G, F-sharp.

Staff 8: Key signature: one sharp (F-sharp). Notes: F-sharp, E, D, C, B, A, G, F-sharp. Second measure: F-sharp, E, D, C, B, A, G, F-sharp.

Staff 9: Key signature: one sharp (F-sharp). Notes: F-sharp, E, D, C, B, A, G, F-sharp. Second measure: F-sharp, E, D, C, B, A, G, F-sharp.

Staff 10: Key signature: one sharp (F-sharp). Notes: F-sharp, E, D, C, B, A, G, F-sharp. Second measure: F-sharp, E, D, C, B, A, G, F-sharp.

Staff 11: Key signature: one sharp (F-sharp). Notes: F-sharp, E, D, C, B, A, G, F-sharp. Second measure: F-sharp, E, D, C, B, A, G, F-sharp.

Peanut Butter Long Tones

♩ = 60-120

Make these the stickiest and most connected slurs you can possibly play.

Three staves of musical notation in bass clef. Each staff contains a sequence of notes with slurs underneath, indicating long tones. The notes are: Staff 1: G2, F2, E2, D2, C2, B1, A1, G1. Staff 2: G2, F2, E2, D2, C2, B1, A1, G1. Staff 3: G2, F2, E2, D2, C2, B1, A1, G1. Each staff has a final measure with a whole rest.

Peanut Butter Long Tones II

Two staves of musical notation in bass clef. Each staff contains a sequence of notes with slurs underneath, indicating long tones. The notes are: Staff 1: G2, F2, E2, D2, C2, B1, A1, G1. Staff 2: G2, F2, E2, D2, C2, B1, A1, G1. Each staff has a final measure with a whole rest.

Bai Lin Lip Slurs

♩ = 60-120

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Three staves of musical notation in bass clef. Each staff contains a sequence of notes with slurs underneath, indicating lip slurs. The notes are: Staff 1: G2, F2, E2, D2, C2, B1, A1, G1. Staff 2: G2, F2, E2, D2, C2, B1, A1, G1. Staff 3: G2, F2, E2, D2, C2, B1, A1, G1. Each staff has a final measure with a whole rest.

Noodles Down from *The Caruso Method*

♩ = 60-180

Breathe as often as needed. This could also be played one octave lower and one octave higher.

Two staves of musical notation in bass clef. Each staff contains a sequence of notes with slurs underneath, indicating long tones. The notes are: Staff 1: G2, F2, E2, D2, C2, B1, A1, G1. Staff 2: G2, F2, E2, D2, C2, B1, A1, G1. Each staff has a final measure with a whole rest.

Noodles Up

Two staves of musical notation in bass clef. The first staff contains six measures of eighth-note patterns, and the second staff contains five measures, ending with a double bar line. The notes are primarily eighth notes and quarter notes, with some accidentals.

Arpeggios from Giuseppe Concone's Thirty Daily Exercises
♩ = 60

Five staves of musical notation in bass clef, 4/4 time. Each staff contains two measures of arpeggiated eighth-note patterns, with a double bar line at the end of each measure. The patterns involve various chord structures and accidentals.

Chord Studies from Giuseppe Concone's Thirty Daily Exercises
♩ = 60

Three staves of musical notation in bass clef, 4/4 time. Each staff contains two measures of eighth-note patterns, with a double bar line at the end of each measure. The patterns feature triplets and various chord structures.

Exercise in Octaves
♩ = 60-120

pf

First system of musical notation for Exercise in Octaves, featuring eighth notes and rests in a bass clef.

Arban's Fundamental Exercise #16
♩ = 60, 80, 100, 120

f

First system of musical notation for Arban's Fundamental Exercise #16, featuring quarter notes in a bass clef.

Arban's Fundamental Exercise #48
♩ = 60, 80, 100, 120

f mp *f mp* *f mp* *f mp*

First system of musical notation for Arban's Fundamental Exercise #48, featuring eighth notes with dynamic markings *f* and *mp* in a bass clef.

f mp *f mp* *f mp* *f mp*

Second system of musical notation for Arban's Fundamental Exercise #48, featuring eighth notes with dynamic markings *f* and *mp* in a bass clef.

f mp *f mp* *f mp* *f mp*

Third system of musical notation for Arban's Fundamental Exercise #48, featuring eighth notes with dynamic markings *f* and *mp* in a bass clef.

f mp *f mp* *f mp* *f mp*

Fourth system of musical notation for Arban's Fundamental Exercise #48, featuring eighth notes with dynamic markings *f* and *mp* in a bass clef.

f

Fifth system of musical notation for Arban's Fundamental Exercise #48, featuring eighth notes with dynamic marking *f* in a bass clef.

Slippery Triplets from Chris Olka's "Dirty 30" Warm-up Routine

♩ = 60-120 Play both slurred and articulated

The image displays a sheet of music for bass clef instruments, consisting of 12 staves. Each staff contains three measures of music, with a '3' above each triplet. The key signature is one flat (B-flat). The triplets consist of eighth notes, with some variations in rhythm and articulation across the staves. The first staff starts with a B-flat note. The second staff starts with a B-flat note. The third staff starts with a B-flat note. The fourth staff starts with a B-flat note. The fifth staff starts with a B-flat note. The sixth staff starts with a B-flat note. The seventh staff starts with a B-flat note. The eighth staff starts with a B-flat note. The ninth staff starts with a B-flat note. The tenth staff starts with a B-flat note. The eleventh staff starts with a B-flat note. The twelfth staff starts with a B-flat note. The music is a warm-up routine for triplets, with a tempo of 60-120 beats per minute. The instruction is to play both slurred and articulated.